



CFHS ONE STOP – Criteria for Referrals

DEVELOPMENTAL PAEDIATRICS

The Developmental Paediatric Service accepts referrals for children and young people aged 0 – 16 years (or 19 if in special education) and their families who reside in Surrey and parts of North East Hampshire, attend a Surrey maintained school, or are registered with a GP practice in Surrey, but attend school elsewhere and have / may have:

- a) Developmental delay or disorder
- b) Neurological disability
- c) Autism spectrum disorder (ASD)
- d) Attention deficit hyperactivity disorder (ADHD) – In NW Surrey only if <6 years
- e) Cerebral palsy
- f) Severe learning difficulties (SLD) and /or complex needs. (May be seen in school)

Please note: Mid-Surrey

The CFHS Developmental Paediatric Service currently only covers East Elmbridge and Dorking in the Surrey Downs CCG (mid-Surrey) region.

- East Elmbridge is covered by the Developmental Paediatric Service at Goldsworth Park and Dorking is covered by the East Surrey team at Maple House.
- Therefore children with Epsom GPs* from Surrey Downs CCG go to: *Community Paediatricians, Epsom General Hospital, Old Nightingale Wing, Dorking Road, Epsom, KT18 7EG Tel: 01372 735915*

Referrals for Possible ASD or ADHD

- Referrals to DPS are only for children up to 6 years of age, after which referrals should be made to the BEN Pathway via Mindsight CAMHS.
- When making a referral for possible ASD, the following information is required:
 - School/nursery report (if child is currently attending)
 - (for ASD) Australian Scale Questionnaire
 - Where language needs are a concern, an SLT report (either from CFHS EYSLT or from the SLT LA Service).

Referrals for Behavioural Concerns

Developmental Paediatric Service does not offer a service for behavioural problems where there are not concerns about possible developmental difficulties or a prior diagnosis of developmental difficulties (ASD, ADHD etc).

These should be referred to the Health Visiting Team (for under 5s) and to the School/Family Support Teams where the child is over 5 years of age.

Developmental Paediatric Service does not offer a sleep service for children where there are no concerns about possible developmental difficulties. In other cases, as well as the support available through the Health Visiting Teams (for under 5s) there are sleep services available through certain acute hospitals, for example, at Southampton General.

Dyslexia/Dypraxia

CFHS Developmental Paediatric Service does not offer a service for the diagnosis of dyslexia or dyspraxia. Concerns should be raised with the Special Educational Needs Co-ordinator for the Child's school.

NUTRITION & DIETETICS

CFHS One Stop provide the service for Mid-Surrey (Surrey Downs CCG) only

The service provides advice to help prevent and treat nutrition-related diseases in children and young people aged 0-19 years. It offers nutritional advice to children, young people and their families so they can manage their conditions, which can include faltering growth, allergies and intolerances, coeliac disease or those who require tube feeding. In some instances we will offer group education sessions in place of one-to-one assessments/reviews in clinic.

Obesity

For children with obesity only, 5-19yrs, please refer to Alive & Kicking (Surrey CC funded)

For children with obesity only, 0-4yrs, refer to CFHS One Stop

PRIMARY NOCTURNAL ENURESIS

- Referrers: Health professionals and parents
- Children aged 5 years and over
- Night time wetting only ie. children who have never achieved night time dryness
- If the child has previously been dry at night time and the nocturnal enuresis is secondary,
or if issues include day time wetting, the referral should usually go to Acute Paeds, or Urology at the local acute hospital.
- If issues include constipation or soiling, these referrals should also be sent to Acute Paeds.

OCCUPATIONAL THERAPY

- The Occupational Therapy Service is available for Children and Young People (0 - 19 years of age) who have a home address or GP in Surrey or who are attending a Surrey School.
- Professionals and Parents/Carers can refer for the OT service directly, via CFHS One Stop.
- For referrals to OT, referrers should give as much detail as possible on the functional impact of the difficulties that the Child or Young Person is having and how these are affecting their daily life in order that their level of need can be accurately assessed.
- Information on the occupations of daily living with which OT can help are detailed in the resource pack and online information via the CFHS OT website.

CFHS Occupational Therapy is provided through the Universal, Targeted and Specialist services – offering a range of interventions and support including the OT Resource Pack, Advice Sheets, OT Helpline, Workshops, School/Nursery link visits and individualised interventions.

Please note that for Children and Young People requiring home adaptations, referrals should be made directly to the Children with Disabilities Team www.surreycc.gov.uk/social-care-and-health/childrens-social-care/contact-childrens-services

For further info visit:

www.childrenshealthsurrey.nhs.uk/services/occupational-therapy

PHYSIOTHERAPY

The Community Physiotherapy Service is available for Children and Young People (0 - 19 years of age) who have a home address in Surrey or are attending a Surrey School.

The service is for Children and Young People who may require orthopaedic, respiratory or neurological physiotherapy, or physiotherapy specifically for children who have additional health needs.

Parents/Carers or, where appropriate, the young person themselves can refer for Community Physiotherapy directly via CFHS One Stop.

For Children and Young People in South East Surrey, CFHS One Stop can refer to the Acute and MSK Physio Teams.

For the rest of the county, referrals for MSK, Acute or Hospital Physiotherapy should be made directly to those services. Community Physiotherapy would not routinely see flat feet, in toeing or normal variants without red flag markers.

PIMHS (Parent Infant Mental Health Service)

CFHS One Stop provides this service across Surrey. Referrals accepted from all Health professionals. Please note we cannot accept self-referrals.

There are 2 levels for PIMHS referrals:

- **One to One Specialist Intervention:** This typically means that a specialist Health Visitor from the PIMHS team attends the home to assess and offer interventions for parents who are having difficulty in their relationship with their baby. **This can be offered during pregnancy and up until one year of age.**
- **Group Baby Massage:** At a location in the community. Small groups of approx. 10 parent and baby pairs (mothers & fathers can attend, twins and triplets can attend) that typically run for 5 weeks during week days. **Service is available for babies who will be 6 weeks to approx. 6 months at time of available group.** Please note: no 1:1 baby massage service available.

SPEECH & LANGUAGE THERAPY

- Early Years Service (0 to Starting at School) for all SLT needs, including Dysphagia and Speech & Communication Difficulties
- For Stammering or for Speech and Language conditions caused by an acquired or deteriorating Neurological Condition, this service will also see Children and Young People up to 18 years of age.
- Children and Young People are eligible if they are resident in Surrey or registered with a Surrey GP
- Parents can self-refer their children for this service

For Children and Young People over 5 (or after the first term of Reception Year) with Speech and Language concerns (other than those caused by an acquired or deteriorating neurological condition) referrals should be made to Surrey County Council's School Aged Speech & Language Service.

TONGUE TIE

CFHS One Stop provides this service across Surrey. Referrals accepted with Surrey GPs in following CCGs:

- Breastfed infants from birth to six months: East Surrey & Surrey Downs
- From 14 days to 6 months: NW Surrey, Guildford & Waverley, North East Hants & Farnham (Farnham GPs only) and Surrey Heath.